



Clementines

Au Pair & Nanny Agency


Child Care Training Courses

Training Child Care Providers to reach their highest standards

Here's a list of **8 essential qualities** that you need if you're thinking of starting work in childcare:

1. You need **patience** because working with children is not easy, it is in fact challenging, you need to be in the right frame of mind and push yourself to have a smile on your face.
2. Working with children, you need to **use your initiative**, for example, if the child in your care were to fall or hurt themselves, you would need to do some quick thinking. But, just remember, do not panic!
3. You need to be **hard working**, working long hours, five to six days a week and the many different tasks that you have to accomplish day-by-day, such as endless nappy changing, house chores, keeping the child safe and dealing with parents. It does not sound much, but when you are faced with it, it can seem like a lot to take on.
4. You need to have a smile on your face because it brings a **positive attitude** towards the child. It is especially important to have a positive attitude to make sure the child is having fun and enjoying their day.
5. **Motivation is key!** 7.45 am - 5.00 pm days are not easy.....
6. You have to be **warm and friendly**,
7. **Dedication** towards the job is the main factor you need to take into account. This is important. Remember to pay attention to the child and listen carefully to what parents have to say.
8. Have an **interest & passion in childcare** and know what to expect when you go to start your new child care job. Maybe, do some research, get some nanny training or speak to nanny professionals beforehand.





If children are loved,
nourished and protected; if
they are spoken with, read
to and allowed to be curious,
they will learn well and
be well – and the country
will thrive. That is early
childhood development.

TRAINING COURSES ON OFFER

- Advanced Child Care & CPR Course
- Night Nanny/Infant Care Specialist Course
- Au Pair Core Skills Course
- ECD Teacher's Assistant Course
- Special Needs Child Care Course
- Play & Learn 0 mths - 6 yrs Old Course
- Basic First Aid & CPR Course





Nanny Child Care Course: R950

Payment: Deposit R200 to book & balance on day of training

Duration: 1 Day Training

What you'll learn

- Understanding what a Nanny is and Does
- Newborn Care
- How to: hold a baby / dress a baby / change a baby's nappy / bath a baby / burp a baby / calm a baby / assess a baby's wee and poop / bottle preparation , feeding a baby and sterilising bottles/feeding utensils
- How to deal with a crying baby
- How to treat and deal with a toddler under different circumstances
- Understanding Nutrition for babies and toddlers
- Development Milestones
- Hygiene & Teething
- Toddler's tantrums and how to handle them
- Routines & Activities for toddlers
- Baby Massage & Baby Sleep Routines
- Understanding baby and child safety in the home
- First Aid & CPR
- Dealing with Parents





Night Nanny Course: R1300

Payment: Deposit R300 to book & balance on day of training

Duration: 2 Days Training

What you'll learn

- Roles & Responsibilities of an Infant care specialist or Night nanny.
- Breast/Bottle feeding & weaning.
- New born care.
- Routine in New born's.
- Developmental Stimulation.
- Sleep Training in babies.
- Basic childcare first aid & CPR





Au Pair Skills Course: R950

Payment: Deposit R200 to book & balance on day of training

Duration: 1 Days Training

What you'll learn

- Au Pairing and what are the duties of an Au Pair
- Communicating with Children
- Routines
- Driving safety
- Tantrums
- ADHD, SPD & Autism
- Dealing with Teenagers
- Homework assistance
- Communication with parents
- Healthy food choices
- Cooking Healthy foods
- Fussy eaters





ECD and Teacher's Assistant Course: R950

Payment: Deposit R200 to book & balance on day of training

Duration: 1 Day Training

What you'll learn

- The stages of child development from birth to five years
- The different domains in which children develop
- Laws and regulations that guide the care and education of children in South Africa
- The belonging, being and becoming framework
- The importance of interactions with teachers
- The importance of play in child development and learning
- Positive forms of behaviour guidance, especially for toddlers
- Lesson planning
- Morning ring
- Resources for arts and crafts





Special Needs Child Care Course: R1000

Payment: Deposit R300 to book & balance on day of training

Duration: 2 Days Training

What you'll learn

- What is meant by Special Educational Needs (SEND), and how it affects different individuals and families
- Appreciate different approaches to understanding children with special needs, including theoretical and clinical perspectives and personal accounts
- Outline key features of psychological, neurobiological and genetic explanations of different disorders
- Explain key aspects of diagnosis, intervention, education and life-span development

Caring for a Child with:

- **Physical Special Needs** - multiple sclerosis, allergies and asthma, juvenile arthritis, muscular dystrophy, Cerebral Palsy, epilepsy.
- **Developmental Special Needs** - Down syndrome, autism, dyslexia, dyspraxia, auditory processing disorder, visual processing disorder.
- **Behavioural/emotional Special Needs** - obsessive compulsive disorder, anxiety, depression, attention deficit (hyperactivity) disorder, bipolar.
- **Sensory Special Needs** - deaf or limited hearing, visually impaired.





Play & Learn from Birth - 6 yrs Old Course: R650

Payment: Deposit R200 to book & balance on day of training

Duration: 1 Day Training

What you'll learn

- The right to play and why it is important
- How play links to learning
- How you can use play to help children develop in all the ways emphasised by the South African government in the National Curriculum Framework
- Different ways that you can encourage play and promote play- based learning.





Basic First Aid & CPR Course: R650

Payment: Deposit R200 to book & balance on day of training

Duration: 1 Day Training

What you'll learn

- Foundations of First Aid
- Responding to Emergencies
- CPR
- Bone Injuries/Fractures
- R I C E R
- Foreign Objects
- Burns & Scalds
- Bleeding & Wound Care
- Indoor/Home Safety
- Households Poisons
- Baby and Children Water Safety
- Choking
- Insect Stings & Bites
- Giving Medication with Parental Consent

